

Shiseido Body.

**Body creator aromatic gel –
anti-cellulite treatment** € 44,00

(Consulting service-time: app. 10 min.)

You will be offered a body creator for domestic use.

Women know their critical points. With the body creator the metabolism will be stimulated and regulated. It supports the splitting of neutral fat – in a second step specific flavours influence the sympathetic nervous systems which are directly interconnect with the fat burning process. Citrus fruits, pepper, caffeine, fennel and tarragon make the skin firmer, smoother and more elastic. Your skin will be refreshed and your body will get silhouette remodelled.

NEW-Body creator chest-firming complex
well being for you € 44,50

Body creator sparkling bath (app. 30 min.) € 30,00
Lifting, maintenance, fragrance experience

Body creator bath essence (for domestic use) € 25,00

Aroma-body wrap € 45,00
Skin like velvet and silk (app. 45 min.)

Including partly massage € 79,00

Including vital massage € 99,00

Body peeling on request € 26,00

Cosmetics for Him.

Innovative care for men with „Basala“, the Shiseido cosmetic line for men

Anti-stress treatment (app 90. min.) € 80,00

Face cleaning, cleaning mask (relieving with a little face brush – slight peeling effect) Face, neck- & shoulder massage, face mask with eye & lipcare, finishing care with „Basala“ creme or “Shiseido Men”.

Eye mask single price € 12,00

Package of 10 (for domestic use) € 57,00

Relax treatment (app. 2 ½ hrs) € 130,00

Face cleaning, cleaning mask (relieving with a little face brush – slight peeling effect) Face massage, relaxation massage, neck, shoulder, arm & breast massage, face- and eye mask, lipcare, manicure including hand massage, finishing care with „Basala“ creme or “Shiseido Men”.

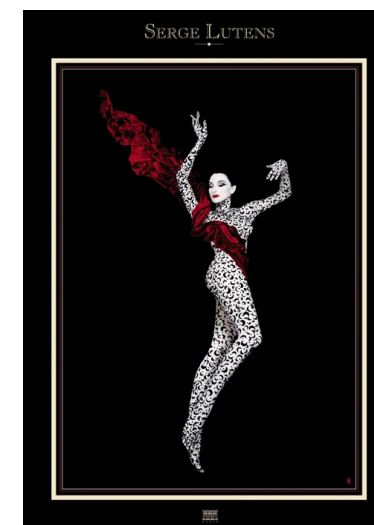
NEW -Body creator for men

Afterwards you will feel marvellously refreshed and relaxed. Our staff is pleased to assist you at any time.

Please be informed that appointments must be cancelled by phone minimum 24 hours in advance. Otherwise we are obliged to charge 80% of the agreed treatment price!

Shiseido Day Spa at the Steigenberger Graf Zeppelin
Arnulf-Klett-Platz 7 · 70173 Stuttgart · Germany
Hotline +49 711 2048-507 · stuttgart@steigenberger.de
www.stuttgart.steigenberger.de

SHISEIDO DAY SPA
AT THE STEIGENBERGER GRAF ZEPPELIN



Cosmetic program.

**Time for the senses – take some time off
for yourself to be cared and spoiled.
Leave behind the routine of everyday life
and refill some new energy.**

Opening hours Shiseido:

Monday – Sunday
10.00 am – 08.45 pm

Massages:

06.00 a.m. – 11.00 p.m.
Hotline 0711 / 2048 507

ENGLISH

Facial treatments for her and him.

Treatment for every young skin (app. 60 min.) € 58,-
Mixed or problem skin/ cleaning, vapozone, deep purifying treatment face mask, finishing care.

Inclusive 10-min. make-up € 66,-

Moisturizing Treatmet € 78,-

(For sensitive and stressed skin/ app. 90 min.)

Eyebrows correction, cleaning, vapozone, quick deep cleaning or alternatively cleansing mask. (takeoff with a little face brush – slight peeling effect). Face, neck, shoulder, décolleté massage. Face mask, eye and lip care, finishing care.

10-min. make-up available on request.

Treatment for dry and demanding skin € 89,-

(Anti-aging effect / app. 90 min.)

Eyebrows correction, cleaning, Vapozone, deep cleansing or alternatively cleansing mask (takeoff with a little face brush – slight peeling effect). Face, neck, shoulder, décolleté massage. Face mask, eye and lip care, hand massage, finishing care.

10-min. make-up available on request

Eye mask single price € 12,-

Package of 10 (for domestic use) € 55,-

Feel-good treatment: Advantage price € 50,-

(only in combination with facial treatment)

A lifting treatment (without thermal blanket) which is a comfortable way of bringing your body in form with algae.

Facial treatment deluxe for her and him.

Facial treatment deluxe (app. 2 ½ hrs) € 130,-

Foot bath, hand and foot massage, eyebrow correction, cleansing, purifying mask (takeoff with a little face brush – slight peeling effect). Spoiling face massage, neck, shoulder, décolleté massage, face, neck, eye, décolleté mask, lip care, finishing care inclusive essence.

Incl. 10-min. make-up available on request

Eye intensive € 99,-

Advantage price (app. 50 min.)

Inclusive concentrate (11 masks) for domestic use.

Smoothes smaller and deeper facial lines and circumorbital rings, lax tissues of the tender eye area. Cleaning, face, neck and décolleté massage, mask, eye mask, finishing care.

Future solution treatment € 240,-

Advantage Price (app. 30 min.) Inclusive Future Solution Crème (value € 208,-) for domestic use. Maximum benefit of anti-aging with lotus and rose. Cleansing, face massage and mask, finishing care with Future Solution.

Special quick treatments.

Moisturizing refreshment

Treatment for every type of skin € 158,-

Moisturizing power package for thirsty skin. Contains an effective hygroscopic substance, helping to protect and nourish your skin with the premium essence „BH24 Night and Day“. Cleansing, face massage, mask, finishing care.

Including „BH24“product-value (pp. 30 min.) € 125,-

Quick recreation (app. 30 min.) € 40,-

Cleansing, face massage with our „quick refresher“, massage mask (2 in 1), finishing care.

Inclusive 10-min. make-up € 48,-

Revitalising treatment € 190,-

Advantage Price Includes a rich unique cream - value € 159,- (app. 30 min.) Cleansing, face massage. Perfectly suitable for erythema, allergies, strong skin irritations, chemo-patients; protection cream in strongly demanded times (winter/ summer). Especially suitable for very dry skin and for the sensitive eye area.

Spoiling treatments body and face for her and him.

Quick recovery (app. 90 min.) € 88,-

Partial massage, cleaning, cleaning mask (takeoff with a little face brush – slight peeling effect), face massage, face mask, finishing care.

Incl. 10-min. make-up € 96,-

Small beauty day (app. 2 ½ hrs.) € 170,-

Relaxing bath, partial massage, spoiling facial treatment, hand mask, hand massage

Incl. eye mask and facial essence € 195,-

Incl. eye mask, concentrate and aromatic body wrap € 230,-

Large luxury beauty day (app. 5 hrs.) € 260,-

Body peeling, relaxing bath, complete body massage, manicure, pedicure, hand massage, spoiling luxury facial treatment, 10-min. make-up.

Incl. eye mask and concentrate € 275,-

Incl. eye mask, concentrate and aroma body wrap € 310,-

Cosmetics for hand and feet.

Hands

Manicure	€ 35,-
Manicure including nail polish	€ 40,-
Hand massage (app. 10 min.)	€ 18,-
Wheat germ hand mask	€ 10,-
Hand mask (paraffin)	€ 15,-
Ampoule essence for each hand	€ 10,-
Hand peeling	€ 10,-

Feet

Pedicure	from € 45,-
Pedicure including nail varnish	from € 50,-
Wheat germ foot mask	€ 15,-
Foot mask (paraffin)	€ 20,-
Ampoule essence each foot	€ 12,-
Foot Bath with foot peeling	€ 20,-
Foot Bath with foot massage (app. 30 min.)	€ 30,-

Additional

Eyebrows correction	from € 10,-
Dye of eyebrows	€ 10,-
Dye of eyelashes	€ 13,-
Eye mask	€ 10,-/12,-
Ampoule essence lifting complex	€ 10,-
Aroma body peeling	€ 26,-
Neck mask	€ 20,-
Neck mask (including Shiseido active agent essence)	€ 30,-
Décolleté mask	€ 20,-
Décolleté mask	€ 30,-
Day make-up	€ 25,-
Evening make-up	€ 30,-
Evening make-up (inclusive lifting complex)	€ 35,-

Waxing.

Treatments are done with the exclusive "hot elastic wax".

Legs - lower legs	from € 35,-
Legs - complete	from € 55,-
Bikini side zone	€ 20,-
Arms	from € 35,-
Armpit	from € 20,-
Upper lip	from € 10,-
Cheek	€ 15,-
Chin	€ 15,-

For men

Upper part of body/chest (front side)	€ 30,- – 50,-
Back	€ 40,- – 60,-

Thalasso Plus

"Stop-Epil-Express" The exclusive natural treatment against growth of undesired hair.

Natural active agent: truffle

The total price consists of the respective part of the body (see above plus € 5,- to 10,- for the finishing "Stop-Epil-Express-Gel"). Clinical studies prove that growth of undesired hair can be reduced by 80% with this treatment.

We will be pleased to advise you.

For home use:

30 l	€ 40,-
50 l	€ 65,-

Special offers.

Special offer bonus card	€ 250,-
„Buy 10 - get one free"	
Annual membership (per year)	€ 1.500,-

SHISEIDO DAY SPA AT THE STEIGENBERGER GRAF ZEPPELIN



Massages and additional treatments.

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Massages:

06.00 a.m. – 11.00 p.m.

Hotline 0711 / 2048 507

ENGLISH

Massages.

Back, leg-, relaxing-, sport massages, therapeutically massages.

Massage (app. 30 min.)	€ 39,-
Massage (app. 50 min.)	€ 64,-
Massage (app. 60 min.)	€ 69,-
Intensive body massage (app. 90 min.)	€ 100,-
2 hours massage (app. 120 min.)	€ 130,-
Foot reflex massage (app. 45 min.)	€ 60,-
Leg and feet massage (app. 45 min.)	€ 60,-
“Ayurveda” massage (app.90 min.)	€ 120,-
Qi-Massages – individual (see Qi method)	
“Hot Stone” massage (app. 60 min.)	€ 85,-
Back-relax treatment (app. 50 min.)	€ 75,-
Combination of “Hot Stone” and back massage	
Combination of “Hot Stone” and full body massage (app. 90 min)	€ 135,-
Lomi Lomi Nui Ganzkörpermassage (app. 50 min)	€ 90,-
Lomi Lomi Nui Ganzkörpermassage (app. 90 min)	€ 135,-

4-Hand Massages

„Harmony“ (60 min)	€ 100,-
Synchronic treatment: 1 hour body massage and thereto synchronic ½ hour face massage	
„Harmony intensive“ (90 min)	€ 150,-
Synchronic treatment:: 90 min. body massage and thereto synchronic 1 hour face massage	

Thalgo – baths and treatments.

Pure Sea – highly efficient therapy contains 100% fresh algae from Brittany.

Algae bath (app. 25 min.)	€ 40,-
This maritime power package boosts the metabolism, drains fat pads and revitalizes with minerals.	
Thalassel bain (app. 25 min.)	€ 45,-
A classic thalasso bath with sea salt. While you relax, the bath will stimulate the body functions, remineralize, drain and firm. Especially recommended for people with neurodermatitis and psoriasis.	
Body splash-vitalizing bath	€ 35,-
Experience the tropical scent in a blue lagoon (app. 25 min.)	
The thermicro-algae complex protects the skin from free radicals. A maritime care complex makes your skin soft and smooth. An extract of water lily soothes hydrates and tones. Essential oils, vitamins and flavonoids stimulate the microcirculation.	
Sea foam wash (app. 20 min.)	€ 25,-
A particularly sensitive body scrub based on foaming gel with coconut and red algae extracts simultaneously cleans and nourishes your body.	
Marine algae body wrap (app. 60 min.)	€ 80,-
Freshly prepared, 100% pure	
Eliminate toxins, stimulates the metabolism, remineralizes and hydrates. Water retentions and fatty deposits are eliminated.	
Thalgomince (app. 50 min.)	€ 65,-
A slenderizing body wrap for problem areas such as belly, legs and buttocks. Stretches marks and cellulite.	

Frigi-Thalgo (app. 40 min.)	€ 60,-
A cooling body wrap based on a solution of algae, camphor and menthol stimulates the blood circulation, firms and lipid retention. Tired, heavy legs are drained.	

Shiseido Qi-method.

Basic cleansing	€ 15,-
Cleansing (Peeling or foam)	€ 15,-
Deep cleansing (with a cleansing foam or a cleansing milk, peeling)	€ 30,-
Mask	€ 15,-
Sparkling footbath	€ 9,-
Qi face massage (app. 20 min.)	€ 30,-
Qi shoulder and décolleté massage (app. 20 min.)	€ 28,-
Qi back and backside massage (app. 20 min.)	€ 35,-
Qi leg and foot massage (app. 40 min.)	€ 60,-
Qi chest and belly massage (app. 20 min.)	€ 30,-
Qi hand and arm massage (app. 30 min.)	€ 40,-
Qi hand massage (app. 20 min.)	€ 25,-

Qi for the face

Deep cleansing care (app. 45 min.)	€ 52,-
Intensive moisturizing care (app. 60 min.)	€ 80,-
Relaxing care (app. 75 min.)	€ 89,-
Time balance care (app. 75 min.)	€ 115,-
Revitalising care (app. 30 min.)	€ 190,-
Including intensive crème (value € 159,-)	

Qi for the body

Quick tension release (app. 40 min.)	€ 60,-
Body polish (app. 45 min.)	€ 65,-
Relaxing body and mind (app. 90 min.)	€ 120,-
Energizing body and mind (app. 90 min.)	€ 120,-